



# THE LORD'S DAY IN CHURCH

## 19TH SUNDAY IN ORDINARY TIME (B) Sunday 8<sup>th</sup> August 2021

THIS SHEET IS SINGLE USE ONLY. PLEASE TAKE HOME WITH YOU

Please remember social distancing; try to remain at least two metres away from each other person at all times. Please wear a face covering; please sing without projecting too much in the direction of other people.

### THE INTRODUCTORY RITES

**Entrance Antiphon** *All stand.*  
**Look to your covenant, O Lord, and forget not the life of your poor ones for ever. Arise, O God, and defend your cause, and forget not the cries of those who seek you.**

### Sign of the Cross and Greeting

P: In the name of the Father, and of the Son, and of the Holy Spirit.  
**A: Amen.**

P: The Lord be with you.  
**A: And with your spirit.**

### Penitential Act

P: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

P: You were sent to heal the contrite of heart: Lord, have mercy.

**A: Lord, have mercy.**

P: You came to call sinners: Christ, have mercy.

**A: Christ, have mercy.**

P: You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

**A: Lord, have mercy.**

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

**A: Amen.**

### The Gloria

**Glorify to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

### The Collect

P: Let us pray.  
Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your

sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

**Amen.** *All sit for the readings*

### THE LITURGY OF THE WORD

#### First Reading

#### **A Reading from the First Book of Kings**

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The Word of the Lord.

**A: Thanks be to God.**

#### **Responsorial Psalm Psalm 33 (34)**

#### **Taste and see that the Lord is good.**

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. **(R)**
2. Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. **(R)**
3. Look towards him and be radiant; let your faces not be abashed. This poor man called, the Lord heard him and rescued him from all his distress. **(R)**
4. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. **(R)**

#### Second Reading

#### **A Reading from the letter of St Paul to the Ephesians.**

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or

allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The Word of the Lord.

**A: Thanks be to God.**

*All stand to acclaim the Gospel:*

#### **Gospel Acclamation**

**Alleluia, alleluia!**

**I am the living bread which has come down from heaven, says the Lord. Anyone who eats this bread will live for ever. Alleluia!**

#### The Gospel

P: The Lord be with you.

**A: And with your spirit.**

P: A reading from the Holy Gospel ✠ according to John.

**A: Glory to you, O Lord.**

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: *They will all be taught by God*, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

P: The Gospel of the Lord.

**A: Praise to you, Lord Jesus Christ.**

#### The Homily

*All sit*

#### The Nicene Creed

*All Stand*

**I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ the Only Begotten Son of God, born**

of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, (At the words that follow, up to and including 'and became man', all bow.) and by the Holy Spirit was incarnate of the Virgin Mary, and became man. For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic, and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

#### The Prayer of the Faithful

#### **THE LITURGY OF THE EUCHARIST**

**Presentation of the Gifts:** *There will be no collection at Mass today: your donations to Church may be put in the bags by the doors as you enter or exit; or use the contactless machine; or the donate button on the parish website.*

All stand when the priest says:

P: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**A: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

#### Prayer over the Gifts

P: Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation.

Through Christ our Lord. **Amen.**

#### The Eucharistic Prayer

P: The Lord be with you.

**A: And with your spirit.**

P: Lift up your hearts.

**A: We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

**A: It is right and just.**

The priest says the **Preface**, praising God and leading to the song of the host of heaven, in which we join:

**A: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord. Hosanna in the highest.**

*All kneel*

*The priest prays the **Eucharistic Prayer**, with the words of Jesus at the Last Supper. Bread and Wine become the Body and Blood of Jesus for us.*

#### The Mystery of faith

**Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.**

*The **Eucharistic Prayer** continues, as we pray for the Church and the World, and ask that this holy sacrifice may help us be an offering to God. The prayer concludes:*

P: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

**A: Amen.**

*All stand*

#### **THE COMMUNION RITE**

#### The Lord's Prayer

P: At the Saviour's command and formed by divine teaching, we dare to say:

**Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil.**

P: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

**A: For the kingdom, the power and the glory are yours now and forever.**

P: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

P: The peace of the Lord be with you always.

**A: And with your spirit.**

**Sign of Peace:** As a sign of peace, we acknowledge each other with a bow with hands joined, a wave or a smile and we fill our minds and hearts with thoughts of peace for our families, our neighbours, our enemies, our friends and our world.

#### Breaking of the Bread

P:

**A: Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.**

*All kneel to prepare for communion*

#### Invitation to Communion

P: Behold the Lamb of God, behold him who takes away the sins of the world.

Blessed are those called to the supper of the Lamb.

**A: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

#### Prayer for Spiritual Communion

(Praying for those joining us online)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

#### Holy Communion

Please come forward for communion or a blessing one row at a time not getting too close the person in front; See the "queue" as a procession and an act of reverence to the Blessed Sacrament.

When you approach the priest or minister, do so with arms extended, hands with palms upwards, one of top of the other and held as flatly as possible.

#### Personal Act of Thanksgiving

From the depths of my heart, I thank You, Dear Lord, for Your infinite kindness in coming to me. How good You are to me! With Your most holy Mother and all the angels, I praise Your mercy and generosity toward me, a poor sinner. I thank You for nourishing my soul with Your Sacred Body and Precious Blood. I will try to show my gratitude to You in the Sacrament of Your love, by obedience to Your holy commandments, by fidelity to my duties, by kindness to my neighbour and by an earnest endeavour to become like You in my daily conduct.

#### Communion Antiphon:

**The bread that I will give, says the Lord, is my flesh for the life of the world.**

#### Prayer after Communion *All stand*

P: Let us pray.

May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord. **Amen.**

#### **THE CONCLUDING RITES**

#### Blessing and Dismissal

P: The Lord be with you.

**A: And with your spirit.**

May almighty God bless you, the Father and the Son, and the Holy Spirit. A: Amen.

P: Go in peace, glorifying the Lord by your life.

**A: Thanks be to God.**

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