



THE LORD'S DAY IN CHURCH

18TH SUNDAY IN ORDINARY TIME (B) Sunday 1st August 2021

THIS SHEET IS SINGLE USE ONLY. PLEASE TAKE HOME WITH YOU

Please remember social distancing; try to remain at least two metres away from each other person at all times. Please wear a face covering; please sing without projecting too much in the direction of other people.

THE INTRODUCTORY RITES

Entrance Antiphon *All stand.*

**O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.**

Sign of the Cross and Greeting

P: In the name of the Father, and of the Son, and of the Holy Spirit.

A: Amen.

P: The Lord be with you.

A: And with your spirit.

Penitential Act

P: Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

P: You were sent to heal the contrite of heart: Lord, have mercy.

A: Lord, have mercy.

P: You came to call sinners: Christ, have mercy.

A: Christ, have mercy.

P: You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

A: Lord, have mercy.

P: May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

A: Amen.

The Gloria

Glorify to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

P: Let us pray.

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep

safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

All sit for the readings

THE LITURGY OF THE WORD

First Reading

A Reading from the Book of Exodus.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.'

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."'

And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The Word of the Lord.

A: Thanks be to God.

Responsorial Psalm **Psalm 77 (78)**

The Lord gave them bread from heaven.

1. The things we have heard and understood, the things our fathers have told us, these we will not hide from their children but will tell them to the next generation **(R)**
2. The glories of the Lord and his might and the marvellous deeds he has done, Yet he commanded the clouds above and opened the gates of heaven. He rained down manna for their food and gave them bread from heaven. **(R)**
3. Mere men ate the bread of angels. He sent them abundance of food. So he brought them to his holy land, to the mountain which his right hand had won. **(R)**

Second Reading

A Reading from the letter of St Paul to the Ephesians.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The Word of the Lord.

A: Thanks be to God.

All stand to acclaim the Gospel:

Gospel Acclamation

Alleluia, alleluia!

I am the Way, the Truth and the Life, says the Lord; No one can come to the Father except through me. Alleluia!

The Gospel

P: The Lord be with you.

A: And with your spirit.

P: A reading from the Holy Gospel
✠ according to John.

A: Glory to you, O Lord.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and

gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

P: The Gospel of the Lord.

A: Praise to you, Lord Jesus Christ.

The Homily

All sit

The Apostles' Creed

All Stand

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

The Prayer of the Faithful

THE LITURGY OF THE EUCHARIST

Presentation of the Gifts: *There will be no collection at Mass today: your donations to Church may be put in the bags by the doors as you enter or exit; or use the contactless machine; or the donate button on the parish website.*

All stand when the priest says:

P: Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

A: May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Gifts

P: Graciously sanctify these gifts, O Lord, we pray, and, accepting the oblation of this spiritual sacrifice, make of us an eternal offering to you.

Through Christ our Lord. **Amen.**

The Eucharistic Prayer

P: The Lord be with you.

A: And with your spirit.

P: Lift up your hearts.

A: We lift them up to the Lord.

P: Let us give thanks to the Lord our God.

A: It is right and just.

The priest says the **Preface**, praising God and leading to the song of the host of heaven, in which we join:

A: Holy, Holy, Holy Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. *All kneel*

*The priest prays the **Eucharistic Prayer**, with the words of Jesus at the Last Supper. Bread and Wine become the Body and Blood of Jesus for us.*

The Mystery of faith

When we eat this Bread and drink this Cup we proclaim your death, O Lord, until you come again.

*The **Eucharistic Prayer** continues, as we pray for the Church and the World, and ask that this holy sacrifice may help us be an offering to God. The prayer concludes:*

P: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

A: Amen.

All stand

THE COMMUNION RITE

The Lord's Prayer

P: At the Saviour's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil.

P: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

A: For the kingdom, the power and the glory are yours now and forever.

P: Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

P: The peace of the Lord be with you always.

A: And with your spirit.

Sign of Peace: As a sign of peace, we acknowledge each other with a bow with hands joined, a wave or a smile and we fill our minds and hearts with thoughts of peace for our families, our neighbours, our enemies, our friends and our world.

Breaking of the Bread

A: Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, have mercy on us. Lamb of God, you take away the sins of the world, grant us peace.

All kneel to prepare for communion

Invitation to Communion

P: Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

A: Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Prayer for Spiritual Communion

(Praying for those joining us online)

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

Holy Communion

Please come forward for communion or a blessing one row at a time not getting too close the person in front; See the "queue" as a procession and an act of reverence to the Blessed Sacrament.

When you approach the priest or minister, do so with arms extended, hands with palms upwards, one of top of the other and held as flatly as possible.

Personal Act of Thanksgiving

From the depths of my heart, I thank You, Dear Lord, for Your infinite kindness in coming to me. How good You are to me! With Your most holy Mother and all the angels, I praise Your mercy and generosity toward me, a poor sinner. I thank You for nourishing my soul with Your Sacred Body and Precious Blood. I will try to show my gratitude to You in the Sacrament of Your love, by obedience to Your holy commandments, by fidelity to my duties, by kindness to my neighbour and by an earnest endeavour to become like You in my daily conduct.

Communion Antiphon:

I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst.

Prayer after Communion

All stand

P: Let us pray.

Accompany with constant protection, O Lord, those you renew with these heavenly gifts and, in your never-failing care for them, make them worthy of eternal redemption.

Through Christ our Lord. **Amen.**

THE CONCLUDING RITES

Blessing and Dismissal

P: The Lord be with you.

A: And with your spirit.

May almighty God bless you, the Father and the Son, and the Holy Spirit. A: Amen.

P: Go in peace, glorifying the Lord by your life.

A: Thanks be to God.

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